Letters to the Editor

Leiomyoma is a benign tumor composed of smooth muscle tissue and is considered one of the most common mesenchymal neoplasms in the gastrointestinal tract and uterus⁽¹⁾. Leiomyoma of the breast originates from the stroma of the gland and is extremely rare⁽²⁾. Mammography and ultrasound studies are commonly used as screening tools. However, the histopathological evaluation is the definitive diagnostic method. The differential diagnoses include carcinoma, sarcoma, benign tumors and tumor-like conditions⁽³⁻⁶⁾. The treatment consists of surgical excision of the lesion, and recurrence is unusual⁽⁷⁾.

Smooth muscle tumors are uncommon, especially in the mammary gland. Such tumors account for less than 1% of all breast neoplasms. Deep parenchymal lesions are extremely rare and seem to affect only women. Leiomyomas affect women from 30 to 60 years of age, the mean age being 47.6 years⁽⁸⁾. They often occur near the nipple-areola complex, because of the abundance of smooth muscle cells in that area⁽⁹⁾. Smooth muscle is a component that can be present in other lesions, such as fibroadenomas and hamartomas. Leiomyomas located in the parenchyma (as in the case reported here) are circumscribed and 1.0–14.0 cm in diameter^(1,2).

There are no radiological criteria for making the diagnosis with certainty, histopathological and immunohistochemical studies of the lesion being necessary in order to make the definitive diagnosis^(7–10). The histopathological differential diagnosis is established with fibroadenoma, phyllodes tumor, adenomyoepithelioma, and leiomyosarcoma of the breast. On histopathology, leiomyosarcoma of the breast shows pronounced cell atypia, atypical mitosis, vascular invasion, and necrosis⁽¹¹⁾. Although patients are typically asymptomatic, there can be pruritus, increased breast volume, pain, and hardening of the nipple or nodule⁽²⁾.

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Breast cancer with splenic metastasis in a male patient

Dear Editor,

Here, we report the case of a 53-year-old male patient who was admitted to the Hospital Alemão Oswaldo Cruz in 2014 with a three-month history of intense, progressively worsening lumbosacral pain. Computed tomography (CT) showed bone lesions in the spine and pelvis, consistent with secondary involvement. We performed a CT-guided pelvic biopsy, which revealed metastatic adenocarcinoma. In an immunohistochemical study, the

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biopsy sample tested positive for estrogen and progesterone receptors, indicating that the primary site was in the breast.

The patient reported having detected a hard, palpable lump, measuring 2.0 cm, in the right breast, three years prior. Ultrasound showed a solid, hypoechoic, spiculated nodule in the retroareolar region, adjacent to the papilla (Figure 1A), classified as BI-RADS category 5⁽¹⁾, a core biopsy of which showed invasive carcinoma of no special type (invasive ductal carcinoma), as depicted in Figure 1B, showing positivity for hormone receptors and negativity for HER2.



Figure 1. A: Ultrasound showing a solid, hypoechoic, irregular spiculated nodule, adjacent to the papilla of the right breast. B: Right breast biopsy showing massive infiltration by grade III invasive carcinoma of no special type. Hematoxylin and eosin staining.



Figure 2. A: Ultrasound showing multiple, hypoechoic splenic nodules, one of which is indicated by the arrow. B: Biopsy demonstrating splenic infiltration by breast carcinoma. Hematoxylin and eosin staining.

The breast tumor was classified as clinical stage IV, with metastasis to the lungs (lymphangitis carcinomatosa identified on CT) and bones, and surgery for the breast lesion was therefore not indicated. Chemotherapy followed by endocrine therapy was the treatment strategy elected. After a year, the cancer was restaged. A CT scan of the upper abdomen showed parenchymal nodules suggestive of secondary implants in the spleen, which were also seen on ultrasound (Figure 2A). On the basis of an ultrasound-guided percutaneous biopsy, the patient was diagnosed with splenic metastasis of breast carcinoma (Figure 2B), and a new chemotherapy regimen was started exclusively for the splenic progression.

Male breast cancer is rare, accounting for 0.6% of all cases of breast cancer and less than 1% of all carcinomas in men. The average age at diagnosis is 65 years⁽²⁾. The most common complaint at diagnosis is of a palpable nodule, typically > 2.0 cm⁽³⁾. Mammography and ultrasound are used in making the diagnosis, following the criteria for malignancy in female breast cancer^(2,4-6). The most common histological subtype is invasive ductal carcinoma, which often tests positive for estrogen and progesterone⁽²⁾.

The treatment of choice is mastectomy and, if necessary, ipsilateral axillary drainage, lymph node involvement being seen in 50-60% of cases⁽³⁾. The success of chemotherapy and radio-therapy, as well as hormone therapy (tamoxifen being the drug of choice), in the treatment of female breast cancer, allows us to extrapolate that they can also be used in cases of male breast cancer⁽³⁾.

The metastatic pattern of male breast cancer follows that of female breast cancer in that the bones, lungs, and liver are the most common sites. Splenic metastasis of breast cancer, as shown in this case, is rare in the literature, and the few cases reported have all been in women. Metastases to the spleen are fairly uncommon, can be single or multiple, and often occur in the context of multi-organ metastatic carcinoma, usually without clinical significance, splenectomy being palliative in symptomatic patients. Such metastases are incidental findings on imaging studies for follow-up of the primary tumor (melanoma is the main underlying diagnosis) and are radiologically indistinguishable from primary lesions. The clinical significance of these metastases is not well established in the literature. When occurring in isolation, 60%of splenic metastases are asymptomatic. However, some patients present with fatigue, splenomegaly, or other symptoms. There have been no studies discussing the preferred approach when a single splenic metastasis is identified. The diagnosis can be made by percutaneous biopsy, which has a low (0–2%) complication rate⁽⁷⁾.

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Unusual intrathoracic foreign body: tree branch

Dear Editor,

We report the case of a 46-year-old male who was admitted to the emergency room 4 hours after suffering trauma to the left lateral chest wall, which was penetrated by tree branch during a fall from a bicycle. At the time of the examination, the patient was bleeding from the entrance wound and complaining of severe local pain. His vital signs were normal. Computed tomography showed laceration of the left upper lung lobe, with areas of pulmonary contusion and ipsilateral pleural effusion. We also observed a tubular image, with a density of -136 HU, of which the proximal end was in the soft tissues of the chest wall and the distal end was in the lung parenchyma (Figure 1). The patient underwent surgery on the same day, and a piece of tree branch was removed from the chest cavity. A chest tube was inserted, and approximately 1.5 L of blood, mixed with clots, were drained from the pleural space. There was no vascular or mediastinal lesion.